

## **Essential Soft Skills in English (ESSE)**

## Sample weekly schedule of real-time (live) sessions

(times listed in Eastern Time)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Orientation Session (Week 1) 8 – 9 pm, ET	Orientation Session (Week 1) 7 – 8 am, ET	Tuesday	Optional Virtual Social Event: Speed Friending (Week 1)  10 – 11 am, ET	Interpersonal Communication Skills class (Weeks 1 - 4)  7 - 8 am, ET  Or  8 - 9 pm, ET  Optional Virtual Social Event: Conversation Hangout  (Weeks 1 - 4)  11 am - 12 noon	Friday

Students only need to attend one orientation session and one weekly live class. The orientation session and Thursday class times are fixed and the same for all ESSE courses. Students may attend the live session times which are most convenient for them.



## Weekly course structure

The Essential Soft Skills in English courses are modular in format. After attending a live one hour orientation session, students will complete four modules, one module per week over a 4-week period.

Each week will require approximately six hours of study time. Students will be required to:

Activity	Approximate	
	required time	
Complete required readings (and watch required videos)	1.5 hours	
Submit 3 to 4 written or video recorded (graded) assignments	1.5 hours	
Participate in a (graded) discussion forum	30 minutes	
Participate in a teacher led one hour lecture (attendance is taken in	1 hour	
the lecture)		
Participate in a student led study group (not graded)	1 hour	
Complete an end of Module Quiz (graded)	30 minutes	