

AY 2026 Notice on Fall Chest X-rays (October)

Health Checkup will be conducted for students entering the university in October 2026.

An online reservation is required. Eligible students are asked to **make an online reservation.**

Those who had the AY 2026 Regular Health Checkup in April/May do not need to take this Checkup.



Reason Why you should have a chest x-ray: Chest X-rays are required by Japanese law (School Hygiene and Safety Act) to prevent diseases such as tuberculosis.

1.Dates/time **October 13 (Tue.) & 14 (Wed.), 10:00–12:30** **Please be on time.**

2.Location **Tohoku University Student Health Care Center** (Kawauchi Kita Campus A09)
Note: There is no parking lot. Please use public transportation.



MAP

Students entering the university in October 2026

3.Eligibility (including non-degree students who entered in/after May 2026 and have been/will have been enrolled for 1 month or longer)

Note: Excludes Short-term Visiting Trainees.

Note: Also excludes students who underwent the Regular Health Checkups in April/May 2026, even if they are eligible as described above (e.g. transfer students).

4.Examination details **Chest X-ray, Height/weight measurement, Blood pressure test**

Precautions for Chest X-ray: Please read the "Instructions for Undergoing Chest X-rays." (Attachment 1)

5.Please bring

- Student ID card, or document (such as enrollment notice) that shows your name and student ID number
- A device that can display your confirmation email, or a printout of the email
- Wear or bring a thin, plain t-shirt (for the X-ray) If you do not make these preparations, you may not be able to undergo the X-ray.

6.Online Medical Questionnaire and Reservations

Both 6-① and 6-② are required for the medical checkup.



6-① Online Medical Questionnaire

Responses Accepted: Oct 5 (Mon). – Oct 12 (Mon).

Be sure to fill it out using the URL or QR code below **before your online reservation.**

Note: Please log in to the online medical questionnaire with **your Tohoku University DC email address.**

URL: <https://forms.gle/tDD5vKx6D4zzhFuQ7>



6-② Reservations

Reservations Accepted: Oct 5 (Mon). – Oct 12 (Mon).

You can access it with the URL or QR code below.

Note: After you register, a confirmation email will be sent from kenshin@star7.jp.

Please set your email filter etc. to accept messages from this address.

URL: https://web.star7.jp/mypage/mobile_info.php?p=b5fb0024ab



7.For those requiring reasonable accommodation

If you require reasonable accommodation or consideration (due to a disability, gender dysphoria, etc.), please do NOT make an online reservation. Instead, contact us by email at the address below during the following period. (However, we cannot change the overall schedule.)

▶▶▶ **Period:** Oct 1 (Thu) - Oct 16 (Fri)

Note: Replies from us will be sent on weekdays between 8:30 and 17:15.

▶▶▶ **Email** (Reasonable accommodation inquiries only):

hairyo-akikenshin*grp.tohoku.ac.jp (Please replace * with @.)

8. Results and Health Checkup Certificate Issuance

-Please read the "Those who have undergone AY 2026 Fall chest X-rays" distributed after the completion of the checkup to confirm about the follow-up examination. If you are eligible for follow-up examination or informed by us by phone that "follow-up examination is required," please follow the instructions to have a take a follow-up test.

-If you check/need the results of Fall chest X-rays, please use the Health Checkup Certificate. Health Checkup Certificate showing the X-ray results is issued by Automatic Certificate Issuance Machines or at the Student Health Care Center desk.

-If you do not undergo the checkup (including the Online Medical Questionnaire), we cannot issue a Health Checkup Certificate.

-Information on Health Checkup Certificates availability can be obtained at the X-ray venue or from the Student Health Care Center website.

-Other notifications about Health Checkup Certificates will be posted on the Student Health Care Center website.

9.Working Students

If you underwent a medical exam that included a chest X-ray at your place of employment (or are scheduled to do so) during this academic year, you may submit a photocopy of your results by post to the Student Health Care Center in place of undergoing the Fall Chest X-rays.

However, in that case the center will be unable to issue a Health Checkup Certificate.

▶▶▶ **Shipping address:**

Tohoku University Student Health Care Center office, 41 Kawauchi, Aoba-ku, Sendai 980-8576

Note: Please write your student ID number and name in the margin of a copy of your medicalcheckup results, and submit it..

10. Inquiries

If you have any questions about the Fall Chest X-rays, please contact us at the email address below during the following period.

Please note that we cannot accept reservation cancellations or changes via this email address. Kindly handle these requests through the reservation website or your confirmation email.

▶▶▶ **Period:** Oct 1 (Thu) - Oct 16 (Fri)

Note: Replies from us will be sent on weekdays between 8:30 and 17:15.

▶▶▶ **Email:** Kenshin-aki*grp.tohoku.ac.jp (Please replace * with @)

Requests

If the schedule changes due to an emergency (natural disaster, epidemic etc.) an announcement will be made on the Student Health Care Center website. Please see the link below for the latest information. URL: <https://www.health.ihe.tohoku.ac.jp/>



Student Health
Care Center