

AY 2025 Regular Medical Checkups

Regular Medical Checkups will be conducted at the Student Health Care Center as follows.
Eligible students are asked to complete the Online Medical Questionnaire and make an appointment using the online reservation system. Students CANNOT undergo the checkup without first completing the Online Medical Questionnaire.

Undergraduate School of Dentistry students (2nd to 6th years) and undergraduate School of Medicine students (2nd to 5th years), **please check the starred (☆) note in "5. Making Reservations" below.**



1. Dates:

April 21 (Mon.) –25 (Fri.) & May 7 (Wed.) –20 (Tue.), 2025
Excludes weekends & holidays. Please be punctual with your appointments.

2. Location:

Tohoku University Student Health Care Center (A09)

Kawauchi 41, Aoba-ku, Sendai-shi, 980-8576 ☎022 (795) 7836 or 7829

***There are no parking spaces, so please use public transportation.**

Access Map



3. Eligibility:

All students. Includes new non-degree students (research students etc.) entering the university in AY 2025. Adult students who undergo a medical check at their workplace or another off-campus facility may submit a copy of their results (must include chest X-ray) to the Student Health Care Center directly or by post/campus mail, instead of undergoing the university's examination. However, in this case the center will be unable to issue a Medical Examination Certificate. Be aware that if the original copy of the medical examination results is submitted it will not be returned. Adult students may submit copies of their workplace etc. health checkup (including chest X-ray) anytime during the academic year.

4. Online Medical Questionnaire:

Students can complete the online questionnaire from April 11 (Fri.) to May 7 (Wed.).

Be sure to access the questionnaire using the following URL or QR code and complete it before making a reservation.

*Please log in to the Online Medical Questionnaire website with your Tohoku University DC email account. **Filling out the Online Medical Questionnaire in advance is mandatory for undergoing the checkup.** Staff will confirm whether students have completed the Online Medical Questionnaire on the day of their checkup.

URL: <https://forms.gle/tDD5vkx6D4zzhFuQ7>



Online Medical Questionnaire

5. Making Reservations:

**Reservations will be accepted starting April 11 (Fri.).
Please make an online reservation by May 7 (Wed.).**

Use the reservation website. You can access it with the following URL or QR code.
(https://web.star7.jp/mypage/mobile_info.php?p=b5fb0024ab)

*After making a reservation, a confirmation email will be sent from kenshin@star7.jp. Please set your email filter etc. to accept messages from this address.

☆ **Reservation dates/times are predetermined for students in the undergraduate Schools of Dentistry (2nd to 6th year) and Medicine (2nd to 5th year). These students will be contacted by their faculties, so they need not make online reservations (however, they must complete the Online Medical Questionnaire).**



Reservation website



6. For those requiring reasonable accommodation or special consideration:

If you require reasonable accommodation or special consideration (due to a disability, gender dysphoria, etc.), **please do NOT make an online reservation. Instead, email us by May 7 (Wed.).** (The checkup schedule cannot be changed.) Please note that while we will accept inquiries until May 7 (Wed.), we cannot respond to email on weekends or holidays.

Email for requesting reasonable accommodation or special consideration:

hairyo-kenshin@grp.tohoku.ac.jp

7. Examination details:

1st year undergraduate students - Chest X-ray, height, weight, blood pressure, physical examination, urinalysis

2nd year or later undergraduate & graduate students - Chest X-ray, height, weight, blood pressure

***Preparing for the Chest X-ray**

Wear or bring a thin, plain t-shirt (see Attachment 1) Those who do not comply with the above will be unable to undergo the chest X-ray.

8. Please bring (required):

- ① Student ID or document showing Student ID Number and name (enrollment notice etc.)
- ② Device capable of displaying the confirmation email, or a printout of the email
- ③ Smartphone, tablet etc. (to confirm completion of the Online Medical Questionnaire)
- ④ Wear or bring a thin, plain t-shirt (for the X-ray)

9. Issuance of Medical Examination Certificates

If you do not undergo the checkup (including the Online Medical Questionnaire) we cannot issue a Medical Examination Certificate. Medical Examination Certificates reflecting the results of this checkup can be issued from Automatic Certificate Issuance Machines starting June 25 (Wed.), 2025. (If your Student ID does not have a magnetic strip, you can pick up the certificate at the Student Health Care Center.) Notifications about Medical Examination Certificates (changes to availability dates etc.) will be posted on the Student Health Care Center website.

10. Please fill out the "Mental and Physical Health Questionnaire for University Students" conducted by the Center for Counseling and Disability Services.

- ▶ Newly enrolled undergraduate students: Please answer the Questionnaire enclosed in the "Enrollment Guide"; (you would not need to answer online)
- ▶ Other students: Please answer the online Questionnaire (see Attachment 2)

11. Request:

◆ Please follow the instructions on the notice from the government and university. Only eligible students capable of coming to campus may undergo the checkup.

◆ If the checkup schedule changes due to an emergency (infectious disease outbreak, natural disaster etc.), details will be posted on the Student Health Care Center website.

Please see the link below for the latest information.

<https://www.health.ihe.tohoku.ac.jp/>

