Name: SULPICE LUCAS PIERRE GERARD Duration: 2021.10~2024.3



Do you think the program and the educational environment helped promote your research?

As conducting research during undergraduate and master's degrees is unusual in France, I never had the chance to engage in research before. However,

thanks to the support of Tohoku University and my professors, I have successfully participated in an international conference and will soon submit an additional paper. The research, compared to what I've experienced before requires more proactive personal effort and discipline to make progress. But the professors were there to increase my motivation through regular meetings, and always eager to help me.

## Living in Sendai: Experience Advice, and Leisure

Tips for new arrivals. (e.g., food and traffic can be more expensive than the cost in France)

In Sendai, there is a subway pass you can have for 6900yen a month, but this pass only works for one specific subway line and does not include busses. It requires to do around 14 round trips from Aobayama to the city a month to make it worth. I would advise not taking it and look for a bike instead.

To get some items such as bike, humidifier, WIFI router and such items I would advise joining some Flea Market groups (for example "Flea Market Sendai" on Facebook) as a lot of persons try to sell those items for very cheap when they leave Sendai or Japan.

For groceries I would recommend: Aeon for general shopping (tissues, shampoo, body soap, etc), Lopia for lot and cheap food choices, Gyomu (業務ス-パ-) for food, Daiso for cheap equipment (often mediocre quality).

There's a lot of free Wi-Fi everywhere in Japan.

What is the monthly cost of maintenance in Sendai beyond the dormitory?

I will still include dormitory.

Dormitory: 42k to 46k (UH Aobayama, price depends on heater usage in winter, Sanjo is cheaper)

Food: 40k+ seems necessary to survive. Cafeteria in campus cost from 300 to 800 a meal. But if you eat a lot or go to restaurant it can be higher.

Other items: 2k

Preparation for essential items for maintenance prior to arrival: living accessories, manuals of various kinds, etc.

Japan is a developed country; you can find anything you look for.

Difficulties you may encounter after arriving in Japan. (e.g., shopping, hospitality) If any.

None.

## Living in Sendai: Experience Advice, and leisure

Going out in the city at night: Karaoke, Darts, Izakaya (all you can drink. Cheap ones: Maru, Tama), Nightclubs (Art Night Club = lot of Japanese people / Luxs Sendai: free entrance for foreigners)

→ But you should just try things

Around Sendai: Fox village, Matsushima, Zao Onsen (skiing in winter)



Fox village (きつね村)

## Career Paths

Pursuing graduate school degree (including Ph.D.) at home university or Tohoku University

No. As I was in a double degree program, I will receive both master's degree.

Professional career outside of academia

Yes. Joined a French Software company in Tokyo through the French VIE program.

Advice for Japanese Job Hunting: If you wish to join a Japanese company, I would advise starting job hunting one year prior to graduation and attend internships. Moreover, Japanese company will often want very high Japanese level.



Matsushima



Matsushima Momiji Festival