

Tohoku University University House Aobayama

Service Information



**We provide various services to University House Aobayama Residents
for a comfortable and convenient dormitory life.
Please read this brochure and apply for them.**



Daiwa LifeNext™
大和ハウスグループ

【Management】

Aobayama 40 Years Partners Co., Ltd.

Daiwa Life Next Co., Ltd.

www.daiwalifenext.co.jp

Services

University House Aobayama provides the following services for residents.

A . Mandatory Services for All residents

- 1 . Houseware Rental Service**
 - bedclothes
 - plates and silverware
 - bath mat
 - household commodities
- 2 . Internet Service**

B . Optional Services Available on Request

- 1 . Catering Service**
- 2 . Household Appliance Rental Service**

C . Other Services

- 1 . Laundry Cleaning**
- 2 . Mini Convenience Store**
- 3 . Vending Machines**

A . Mandatory Services for All residents

1 . Housewares Rental Service

We lease houseware necessary to the residents' dorm life. It is mandatory and cannot be canceled.

Please apply at the new residence orientation.

【Bedclothes】 2,000 yen per month (tax included)

Japanese mattress , mold protection liner, comforter , coverlet , pillow, vacuum sealed bag for bedclothes, pillowcase, sheet, comforter cover

✂ We will change pillowcases, sheets and comforter covers once every two weeks for free.

【Plates & Silverware】 500 yen per month (tax included)

large plate, mid-size plate, rice bowl, soup bowl, large bowl, teacup, mug, chopsticks, knife, spoons (S/M), forks (S/M)

【Bath mat】 1,000 yen per month (tax included)

✂ We change bath mats once every two weeks for free.

【Household commodities】 500 yen per month (tax included)

toilet paper, liquid hand soap, sanitary disposal bag, sponge for dishwashing, garbage bag

2 . Internet Service

Wi-Fi is available only in the common area of the buildings. In residence rooms, only wired LAN connection is available.

This contract is mandatory and cannot be canceled. Please apply at the new residence orientation.

【Internet Connection】 1,500 yen (tax included)

✂ You can inquire regarding internet service by contacting the customer center . (From 9 am to 11 pm, every day of the year, Japanese and English spoken)

B . Optional Extra Service Upon Request

1 . Catering Service

We provide home-delivered boxed meals to residents upon request. Please apply at the new residence orientation. Or you can apply at the dorm management office anytime.

Time and Place for Catering



Date : Monday to Friday (including national holidays)

Time : Breakfast 7:00 ~ 9:00

Dinner 18:00 ~ 21:00

Place : Interaction Plaza, Multipurpose Hall

Sample Menu

Image Picture	Mon.	Tues.	Wed.	Thu.	Fri.
Breakfast 	Grilled fish Croquette Simmered dried-radish Bean sprouts namul Boiled vegetables Japanese pickle	Grilled fish Bean sprouts namul Fried Scallop Shell Spring roll Simmered egg Japanese pickle	Deep-fried chicken Greens with pickled squid Potato Salad Steamed meat dumpling Fish with grated radish Japanese pickle	Hamburg steak Spaghetti with tomato ketchup sauce Deep-fried shrimp Sunny-side up Stir-fried vegetable Japanese pickle	Broiled miso-marinated fish Boiled spinach with sesame Macaroni Salad Simmered hijiki seaweed Sausage Japanese pickle
	404Kcal	355Kcal	422Kcal	411Kcal	374Kcal
Dinner 	Grilled chicken with tomato sauce Salt-grilled salmon Bean thread noodle Potato salad Sausage Seaweed salad Japanese pickle	Herb grilled chicken Fried white fish Boiled spinach with toss sesame Simmered hijiki seaweed Simmered fish with sweet sauce Chicken with sesame sauce Japanese pickle	Fried pork with ginger sauce Minced meat cutlet Greens with mustard sauce Simmered dried-radish Fish simmered in miso Cobb salad Japanese pickle	Grilled chicken with tomato sauce Sausage Boiled canola flower Fried lotus root with soy sauce Boiled miso-marinated fish Tuna salad Japanese pickle	Sukiyaki Simmered egg Boiled okra with toss sesame Braised chicken and vegetable Deep-fried fish Egg salad Japanese pickle
✂Every meal comes with rice or bread.					
	423Kcal	430Kcal	441Kcal	415Kcal	374Kcal

Price Plan

Order Plan	Details	Place (tax included)
①One-time Order	You can order meals when needed. • Order deadlines Breakfast : by noon on the previous day Dinner : by 10 am on the same day You can choose a meal from the menu.	It depends on the meal.
②Breakfast Set	Breakfast (bento box) will be delivered every day. It's cheaper if you order them as a set. A daily special bento box will be available.	Daily special bento 450 yen ⇒ 400 yen (50 yen discount per meal)
③Dinner Set	Dinner (bento box) will be delivered every day. It's cheaper if you order them as a set. A daily special bento box will be available.	Daily special bento 650 yen ⇒ 500 yen (150 yen discount per meal)
④Breakfast and Dinner Set	Breakfast and dinner (bento boxes) will be delivered every day. It's cheaper if you order them as a set. A daily special bento box will be available.	Daily special bento Total 1,100 yen⇒ 850 yen (250 yen discount per meal)
⑤Five day Trial Plan (limited time only)	We offer plans ②～④ at half the price for 5 days in spring and autumn. A daily special bento box will be served.	Half off

2 .Household Appliance Rental Service

Furniture and appliances are already provided in the living rooms and residents' private rooms in University House Aobayama.

In addition, you can rent the following items as necessary.

Please apply at the new residence orientation. Or you can apply to the dorm management office anytime at a later date.

Rental Items

Item	Monthly Charge (including tax)	Item	Monthly Charge (including tax)
 Small refrigerator • Single door	620 yen	 Mattress	400 yen
 Microwave Oven	620 yen	Mattress Cleaning Service	1,960 yen
 Rice cooker • For 3~5 cups of rice (450~750g)	620 yen	 Closet • W60 × D43 × H123	1,960 yen
 printer	720 yen	 Electric fan	300 yen

C.Other Services

**We offer various services to make your dorm life comfortable.
Please ask the dorm management office for the price of dry cleaning.**

【Dry Cleaning】

Dry cleaning service is available at the dorm management office.

Days: Monday and Thursday

Time: 7:00～21:00

【Mini Convenience Store】

There is a mini convenience store in the Interaction Building.

You can buy beverages, cup noodles, bread, and snacks 24 hrs./day.

【Vending Machine】

There are beverage vending machines in the Interaction Building.

Image: Dry Cleaning Service



Image: Mini Convenience Store

